Excited, Nervous and Worried Exercise

**Excited** - a physical state with a positive meaning  
**Nervous** - a physical state with a negative meaning  
**Worried** - a mental state with a negative meaning

Fill the gaps with **excited**, **nervous** and **worried**.

1. Most people get a bit ......................... before going into an exam.
2. He’s a bit ......................... about his exam results.
3. She’s very ......................... about her trip to Egypt.
4. Sammy gets very ......................... on his birthday.
5. Mum gets ......................... if I don’t phone regularly.
6. What are you so ......................... for? You should try to forget about it.
7. Everyone’s ......................... the first time they have a driving lesson.
8. I must try not to be ......................... in this interview.
9. If you’re ......................... about it all the time, you won’t get to sleep at night.
10. Miranda’s very ......................... about her new computer.
11. The dog gets very ......................... if anyone mentions the word ‘walk’.
12. I used to get ......................... about flying but I love it now.
Answers

1. Most people get a bit nervous before going into an exam.
2. He’s a bit nervous about his exam results.
3. She’s very excited about her trip to Egypt.
4. Sammy gets very excited on his birthday.
5. Mum gets worried if I don’t phone regularly.
6. What are you so worried for? You should try to forget about it.
7. Everyone’s nervous the first time they have a driving lesson.
8. I must try not to be nervous in this interview.
9. If you’re worried about it all the time, you won’t get to sleep.
10. Miranda’s very excited about her new computer.
11. The dog gets very excited if anyone mentions the word ‘walk’.
12. I used to get nervous about flying but I love it now.